

Autumn / Winter 2018 Menu



with The
Greens

Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 - 29TH OCT, 19TH NOV, 10TH DEC, 14TH JAN, 4TH FEB, 4TH MAR, 25TH MAR				
Tuna Pasta Bake with Freshly Made Herby Foccacia	Cottage Pie with Gravy	Roast Chicken with Sage and Onion Stuffing, Roast Potatoes and Gravy	Lamb Meatballs with Tomato Sauce and Savoury Rice	Fish Fingers with Freshly Made Tomato Ketchup and Chips or Pasta Twists
Cheese and Tomato Pizza with Diced Potatoes	Roasted Vegetable and Bean Pasta with Tomato Sauce	Vegetable Crumble with Roast Potatoes	Jacket Potatoes with a Selection of Toppings	Cheesy Courgette Sausages with Freshly Made Tomato Ketchup and Chips or Pasta Twists
Peas and Coleslaw	Broccoli and Carrots	Carrots and Savoy Cabbage	Sweetcorn and Salads	Baked Beans and Peas
Pear Crumble with Custard	Orange Squash Cookie	Ice Cream with Chocolate Sauce	Sticky Toffee Pudding with Toffee Sauce	Flapjack with Apple Slices

Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 2 - 5TH NOV, 26TH NOV, 17TH DEC, 21ST JAN, 11TH FEB, 11TH MAR, 1ST APR				
Open Sub Melts with a Choice of Toppings (Tuna and Cheese, Cheese and Baked Beans or Cheese and Tomato) and Potato Salad	BBQ Pulled Chicken Wrap with Rice	Roast Gammon with Roast Potatoes and Gravy	Pork Sausages with Mash and Gravy	Breaded Fish Fillet with Lemon Mayonnaise and Chips or Pasta Twists
	Vegetable Lasagne with Freshly Made Bread	Freshly Made Vegetarian Sausage Roll with Roast Potatoes and Gravy	Jacket Potatoes with a Selection of Toppings	Fabulous Falafel Wrap with Lemon Mayonnaise and Chips or Pasta Twists
Baked Beans and Sweetcorn	Green Beans and Coleslaw	Carrots and Cauliflower	Peas and Salads	Baked Beans and Peas
Shortbread with Fruit Dip	Apple Cake with Custard	Peaches with Natural Yoghurt and Granola	Jam Biscuit	Chocolate Cornflake Cake with Orange Wedges

Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 3 - 12TH NOV, 3RD DEC, 7TH JAN, 28TH JAN, 25TH FEB, 18TH MAR				
Mac 'N' Cheese with Freshly Made Tomato Bread	Chicken Curry with Rice	Roast Turkey with Stuffing, Roast Potatoes and Gravy	Beef Burger in a Bap with Tomato Pasta	Fish Fingers or Salmon Fish Fingers with Freshly Made Tomato Ketchup and Chips or Pasta Twists
Vegetable and Bean Pasty with Potato Wedges	Vegetarian Sausages with Mash and Gravy	Cauliflower and Broccoli Bake with Roast Potatoes	Jacket Potatoes with a Selection of Toppings	Cheese and Tomato Quiche with Chips or Pasta Twists
Peas and Carrots	Sweetcorn and Green Beans	Carrots and Kale	Coleslaw and BBQ Beans	Baked Beans and Peas
Carrot Cake with Custard	Apple Taco with Natural Yoghurt	Fruity Jelly with Ice Cream	Chocolate Cake with Chocolate Sauce	Traybake and Fruity Friday (Crunchy Parsnip and Coconut Flapjack with Banana)

Served Daily	Freshly Made Bread	Seasonal Vegetables/Salads	Fresh Fruit	EasiYo Yoghurt
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