

We are delighted to share with you **Autograph's new Spring/Summer menu**. We know our school meals are a healthy and tasty option for your child, so we have made sure there are favourite dishes available each day. All of our recipes are evaluated by pupils and do not feature on menus without their seal of approval! **We would love to hear your feedback, please contact your local team.**



This is a **Bronze** food for Life Served Here menu which guarantees we serve **high quality fresh food** which is **better for British farming** and animal welfare!



Look out for the **VE** symbol on our menu for some tasty vegan options



Desserts which contain at least half a portion of fruit, to help pupils on their way to achieving their 5 A DAY!
Dishes which contain an extra half portion of vegetables (in addition to the vegetables and salads served as an accompaniment with every meal)
Dishes with wholegrain ingredients to increase fibre and promote healthy digestion

Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 - 13/04/2020, 4/05/2020, 1/06/2020, 22/06/2020, 13/07/2020, 7/09/2020, 28/09/2020, 19/10/2020				
 Cheese and Tomato Pizza with Potato Salad	Beef Burger in a Bap with Tomato Relish and Potato Wedges	Roast Turkey with Stuffing, Roast Potatoes and Gravy	 Chicken Curry with Rice	 Fish Fingers with Tomato Ketchup and Chips or Pasta
BBQ Bean Wraps	 Tomato & Basil Pasta	Vegetarian Sausage Roll with Roast Potatoes	Jacket Potato with a Choice of Fillings	 Vegetable Cornish Pastie with Chips or Pasta
Sweetcorn & Peas	Coleslaw & Green Beans	Carrots & Cauliflower	Vegetable Sticks (carrot & cucumber) & Salad Bar	Peas & Baked Beans
 Lemon Drizzle Cake with Vanilla Sauce	Chewy Chocolate Cookie with Fruit Slices	 Vanilla Ice Cream with Peach Compote	Orange Fruity Jelly	 Fruity Apricot Flapjack
WEEK 2 - 20/04/2020, 11/05/2020, 8/06/2020, 29/06/2020, 20/07/2020, 14/09/2020, 5/10/2020				
 Macaroni Cheese	Cornish Pastie with Mash and Gravy	Roast Chicken Fillet with Roast Potatoes, Seasoning and Gravy	 Mild Beef Chilli with Rice	 Battered Fish Fillet with Tomato Ketchup and Chips or Pasta
Vegetarian Hot Dog in a Roll with Potato Wedges	 Vegetarian Bolognese with Penne Pasta	Vegetable Crumble and Roast Potatoes (C)	Jacket Potato with a Choice of Fillings	 Cheese and Tomato Quiche with Chips or Pasta
Peas & Coleslaw	Broccoli & Sweetcorn	Green Cabbage & Carrots	Vegetable Sticks (carrot & cucumber) & Salad Bar	Peas & Baked Beans
 Toffee Apple Sponge with Custard	Easiyo Strawberry Mousse	Chocolate Krispie Cake	 Banana Cake with Custard	Custard Biscuit with Apple Slices
WEEK 3 - 27/04/2020, 18/05/2020, 15/06/2020, 6/07/2020, 2/09/2020, 21/09/2020, 12/10/2020				
 Cheese and Vegetable Pizza served with Potato Wedges	Sausages with Mashed Potato and Gravy	Roast Pork with Roast Potatoes and Gravy	 BBQ Chicken with Vegetable Rice	 Fish Fingers or Salmon Fish Fingers with Tomato Ketchup and Chips or Pasta
 Sweet & Sour Vegetables with Noodles	 Vegetable and Bean Stew with Mashed Potato	 Cauliflower and Broccoli Bake with Roast Potatoes	Jacket Potato with a Choice of Fillings	 Vegetable Sausage Turnover with Chips or Pasta
Peas & Sweetcorn	Green Beans & Cauliflower	Carrots & Broccoli	Vegetable Sticks (carrot & cucumber) & Salad Bar	Peas & Baked Beans
 Apple and Ginger Cake with Vanilla Sauce	Vanilla Muffin with Mixed Fruit Compote	Vanilla Ice Cream with Red Berry Sauce	 Strawberry & Peach Fruit Jelly	 Oatie Cookie with Fruit Slices
Served Daily				
Freshly Baked Bread		Seasonal Vegetables/Salads		Organic Yeo Valley Yoghurt

We always think seasonally and champion our **British** and local suppliers



We take pride in carefully sourcing our ingredients to support animal welfare and ethical sourcing. All of our eggs are free range, our meat is British and some of our ingredients are Fairtrade certified.



Our recipes are created with the help of our Nutritionists to make sure they support **healthy eating**

